



## Safeguarding Protective Behaviours Parent Workshops



*The Perth Catholic Archdiocese Safeguarding Project is child focused and informed by a fundamental belief that children have the right to physical and psychological safety at all times.*

One way in which parents can assist in increasing their child's safety is by teaching them the Protective Behaviours Program. This workshop has been designed to teach parents and carers how to increase the personal safety of their children.

Whilst there are many ways of talking to children about their personal safety, it is important that we do not leave them feeling unsafe or afraid. Teaching the Protective Behaviours Program provides children with strategies to keep themselves safe and cope with situations that may threaten their personal safety and wellbeing. This Program empowers the individual with the right to feel safe and sets out ways in which they can gain the appropriate help when they are not feeling safe.

Purpose of the workshop is to :

- Provide parents and carers with a basic understanding of child sexual abuse and other unsafe situations.
- Provide specific personal safety training skills, techniques and examples to use with children
- Lessen anxiety about your children's safety so you can allow them freedom of movement as they grow up.

**DATE** Friday 12 May 2017

**TIME** 6.30 pm – 9.30 pm

**VENUE** Meeting Room  
Below ground floor  
St Mary's Cathedral  
Victoria Square  
PERTH

**COST** Free

**CONTACT** Mary Mantle

**PHONE** 9221 7762

**Registration  
By Email** [safeguarding@perthcatholic.org.au](mailto:safeguarding@perthcatholic.org.au)

**RSVP** 5 May 2017

*Light Refreshment and notes supplied*

This workshop is not suitable for children to attend.

Thank you for your co-operation.



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Safety, love and hope for our young people