

St John Bosco College presents...

Real Kids in an Unreal World

Building Resilience and Self-esteem in Today's Children (10 Resilience Building Blocks)



ST JOHN BOSCO
COLLEGE
JOY IN LEARNING

with Maggie Dent



Children need to have certain basic experiences to build the competencies that will help them manage life — the good, the bad and the ugly. Popular Australian parenting author and educator Maggie Dent published her bestselling book, *Real Kids in an Unreal World*, to help guide parents in raising children who are happy, healthy, strong, kind and resilient. In this seminar, Maggie will explore her common-sense, practical model of 10 building blocks for children birth-12.

She will present practical, common-sense ideas and strategies to make small changes in your home or classroom/centre, which will make a big difference to your children's cognitive, physical, psychological, emotional and social health later in life.

Venue: St John Bosco College - Assembly Space
Date: Tuesday, 20th June 2017
Time: 7pm - 9pm
Cost: \$20
Bookings: <http://www.trybooking.com/284363>
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