

WEEKLY REMINDERS

Week 9, Term 1 - 2018



You are invited!

OPEN NIGHT

The St Emilie's Whole School Open Night is this **Wednesday 28th March from 4-6pm**. This is an opportunity for parents to visit classrooms with children and take a peek at some of the wonderful learning opportunities that they have been engaged in. Children in Kindy to Year 6 will be classroom guides and are very excited to show their families what they have been learning in Term 1. We hope to see you all there! For more information please [click here](#).

P&F Meeting this Wednesday at 9am

The next P&F meeting will be held next **Wednesday 28th March at 9am** in the staff room. All are welcome to attend, including siblings.

Final Call - Kindy 2019 Sibling Enrolments

If you have a child who will be going into Kindy next year (*born between 1/7/2014 - 30/06/2015*), **please ensure you have submitted an Application for Enrolment form to the Office by Monday**. Interviews for Kindy 2019 places will be held in May of this year. Letters regarding the interview process will be sent out this week. The \$30 application fee is waived for siblings, as we only charge this once per family. An Application for Enrolment can be collected from the Front Office or by [clicking here](#).

Healthy Lunchboxes: From the School Nurse

Healthy lunches and snacks are important for keeping active kids alert and focused and providing them with the nutrition they need every day.

A healthy lunch box should include:

- Fruit – at least one serve of fresh seasonal fruit. If you don't have fresh fruit, canned (in natural juice) is a good substitute. Dried fruit is high in sugar and should be avoided
- Vegetables – vegetable sticks, salads or a mix of raw (with dip) or grilled vegetables
- Dairy – one serve of milk, yoghurt or cheese supports optimal growth and development in children. If your child can't tolerate dairy provide a suitable alternative.
- Protein – lean meat or poultry, fish, eggs, tofu or legumes/beans.
- Grain foods – wholegrain and high fibre varieties are best.
- Water – the best drink to keep children hydrated.

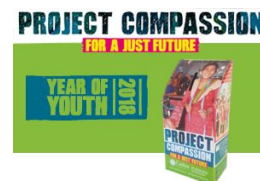
Remember, children who help plan and prepare their own lunch are more likely to eat it. Your child might like to try out this fun, ['Interactive Lunchbox' website](#)

Assembly and Morning Tea

The Year 5 Assembly will be held in Week 10 on Friday 6th April at 8:45am. Following each Assembly, a morning tea will be held in the small hall. All parents are welcome to attend.

Project Compassion

Project Compassion boxes have been sent home. Please keep raising as much money as you can. These boxes do not need to be returned until Week 2 of Term 2. Every donation counts! Thank you for your support.



Year 4 Holy Week Tableau

Our Year 4 students will be hosting our Holy Week Tableau this **Thursday 29th March at 8:45am** in the Hall.



All parents and families are welcome to attend.

Coles Sports for School Vouchers: Last Call!

Please bring in all remaining vouchers by **Thursday 29th March**. Thank you for all your support!



Please check the school website regularly to ensure you are up-to-date.

[Click here to view the website.](#)

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Public Holidays

Please be aware that school will be closed on **Good Friday (30th March) and Easter Monday (2nd April)**. Easter Tuesday (3rd April) is a Pupil Free Day so students will return to school on Wednesday 4th April.

School Lunches Online

Every Wednesday, School Lunch Online provides fresh and healthy lunch options to St Emilian's. Parents are able to order online (**before 8am** on Wednesday mornings) and the lunches are delivered to school, and then distributed to classrooms by parent volunteers. For more information about School Lunch Online please [click here](#).

PARENT help required!

We are seeking parents who would be willing to assist with the distribution of these lunch orders to classrooms in Term 2. Parents would need to be available from **12pm-12:45pm** on a Wednesday. If you are able to assist even just once next Term, please email the co-ordinator Rachel Davies with your availability via scotrachel47@hotmail.com

Easter Celebrations

Please see below the 2018 Holy Week & Easter Schedule for St Emilian's Parish.

Holy Week & Easter Schedule 2018

Thursday, 22 March 2018

2nd Rite of Reconciliation at 7.00pm



Tuesday, 27 March 2018

Chrim Mass – 7.00pm at the Cathedral

★ Please note **NO** 6.00 pm Mass at St Emilian's.



Holy Thursday, 29 March 2018

Evening Mass of the Lord's Supper at 7.00pm

★ All-night Adoration at the Altar of Repose will be available **IF** there are 2 people rostered at all times.



Good Friday, 30 March 2018

✠ Stations of the Cross at 10.00am - Church grounds

✠ Liturgy of the Passion of Our Lord at 3.00pm

There will be one collection for the Holy Places.



Saturday, 31 March 2018

Celebration of the Lord's Resurrection at 8.00pm

★ We start outside, following "The Light of Christ" into the darkened Church ...



Easter Sunday, 1 April 2018

Masses at 7.15am and 9.00am

★ Please note there will be **NO** 5.00pm Mass.

Library Reminder

A friendly reminder that Library books must be returned to the Library by the end of this week. We are aiming for a 100% return rate this Term!

OSH Club newsletter and booking info - [click here](#)

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