

Being a family means
you are a part of something
very wonderful.
It means you will love and be loved
for the rest of your life.

Lisa Weed



- Try to avoid having tv on and technology available as options in the mornings.
- Help your older children set some realistic, achievable goals for the term.
- Talk through any issues or fears they might have – whether these are about friends, grades or teachers. Instead of focusing on hypothetical ‘what ifs’, try and steer them towards ‘what is’...and what they can do to address their worry or change a situation.
- Returning children back to school can be a nervous time for some parents as much as for their kids, however it’s important to try and keep your own anxiety levels under control. The more you can stay calm, and present school as a positive experience and opportunity– rather than something to be worried about, the better.

Given the disturbing statistics to come out of the COVID crisis in relation to the increase in **family domestic violence**, we are all reminded of how important it is to **INVEST daily in our family relationships**. Our ultimate job is to do no harm, and to try to raise healthy, well rounded kids in a loving home.

Family Relationships Are Important ▼

- Family relationships influence our emotions and help shape our character, positively or negatively. ▼
- Family relationships teach us how to love and be loved. ▼
- Because families are important, it makes sense to invest time and energy in your family relationships.

Thank you

Thank you sincerely to any families who have sent in pre-loved (and in some cases, new) lego for our **LEGO CLUB** which we hope to commence shortly. Your generosity is AWESOME and we are very grateful!

Thanks again for your **wonderful cooperation during our current drive through**, which we understand has presented a few challenges for some families. Overall however, things have gone smoothly and everyone has been very cooperative.

Keep **investing in your own health and wellbeing** through this time. We are indeed most fortunate to be living where we do and we continue to pray for those who are experiencing much heartache, pain and loss, both here and overseas.

Sincerely,

Tania Thuijs

Principal

A Prayer of Hope



Dear God,
When I stand at the beginning
of a new day,
bless me with *vision* to see
the best of things to come...
Wisdom to make good decisions...
and most of all, *faith*
that you are walking with me
every step of the way.
Amen.