

# 日本語

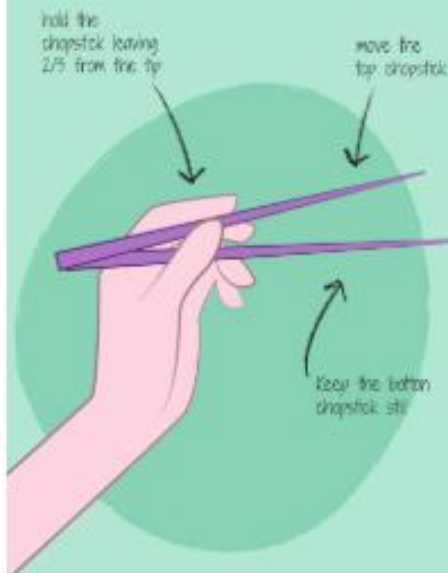


## Year 2 Hashi ( Chopstick ) adventure!

In Japanese this week our year 2 students practiced using Japanese chopsticks and some of the important cultural understanding in relation to using them.

# THE DO RULES

## #1: Hold Chopsticks Properly



Take some time to practice holding the chopsticks in the correct way, not in the middle but leaving about 2/3 from the tip. This way you will have far more control over the food you pick up. First try picking up various bite-sized objects to practice, after that try to pick up a round object and finally a grain of rice. For a real challenge try to pick up soft tofu without breaking it. Practice makes perfect so don't be afraid when you drop something.

## #2: Chopstick Holder



When not using your chopsticks, don't put them flat on the table but place them on the chopstick holder. Or create your own chopstick holder out of the paper wrapper that comes with disposable chopsticks.

## #3: Communal Chopsticks



When eating from a communal plate, use the separate communal chopsticks provided with it. If communal chopsticks are not provided, use the other end of your chopsticks to pick up food.

## #4: Pick Up Your Rice



Japanese rice is stickier and easy to pick up with your chopsticks. Pick up the rice in morsels and bring it to your mouth while keeping the bowl under it in to catch anything.

## #5: Drink Soup with Chopsticks



It's perfectly fine to use your chopsticks to stir for example any miso in your soup that has sunken to the bottom or move food to your mouth while you sip from your bowl.

# THE DON'T RULES

## #1: Sticking Chopsticks in Rice



Sticking a pair of chopsticks upright in a bowl of rice is considered highly offensive as this is done during funerals as an offering to the deceased. Also, do not leave your chopsticks placed like a cross on your bowl as this symbolizes death.

## #2: Passing Food



Passing food from chopstick to chopstick is offensive as this resembles a funeral ritual where bones of the deceased are passed from person to person into an urn with a pair of chopsticks.

## #3: Chopsticks Are Not a Toy



Playing with your chopsticks are considered bad manners. Chopsticks are also not meant to be used as hair accessories.

## #4: Stabbing Food



Do not stab or spear food with a chopstick but pick the food up with both chopsticks.

## #5: Pointing with Chopsticks



Just like pointing at someone with your finger is considered rude, holding a pair of chopsticks and pointing them at someone is equally considered rude.



Goodbye  
さよなら  
SAYONARA